

# 11th Annual Health Symposium - Black Health Professions Organization

Black Health Professions Organizations' annual health symposium consists of several breakout sessions such as a mock interview portion that will help students prepare for future admissions interviews, a personal statement workshop, and a panel session with current students to get an idea of what life is like as a medical, pharmacy, nursing, and allied health school student.

# Bagels and Lox - Student Health Advisory Committee

Bagels and Lox is an annual event hosted by the Student Health Advisory Committee. The general goal of this event is to promote awareness and visibility of the services that UHS offers to the student body, thus encouraging healthy behaviors among UT Austin students. Bagels and Lox consists of SHAC setting up tents and tables on the Gregory Gym Plaza. SHAC throughout the semester leading up to the event actively seeks out donations of food from local restaurants and shops throughout Austin. Various healthy food options such as bagels, coffee, and fruit are offered to students who pass by. More importantly, UHS staff members such as physicians, nurses, health promoters, administrators, and counselors come out to the event and interact with students and answer any questions regarding medical services that UHS offers. Bagels and Lox provides an opportunity for students to meet and talk to the UHS staff members who are responsible for ensuring the overall health of the UT student body.

#### Benefit Concert - Innervisions Gospel Choir

IVGC Benefit concert is a fundraising event for "Gospel Fest." This concert is generally held at a neighboring church who chooses to support our mission. We set a goal of \$1000-\$2000 and encourage family members and friends to donate anything they can to make our biggest event of the year possible. In return, we sing and worship until the goal has been reached.

Black Business Student Association Thanksgiving Dinner - Black Business Student Association We will review correct table setting and appropriate conversational etiquette to ensure our members are prepared for a restaurant environment. Sponsors will have a chance to sit with our members at the tables and have valuable face time to share their etiquette experiences and opportunities for internships and full-time employment.

# Blood Drive - American Red Cross Club at The University of Texas at Austin

Red Cross Club's blood drives are usually held twice per semester as a main part of our organization's commitment to give students the opportunity to help save lives through donating blood. By collaborating with the local Red Cross in Austin each semester to organize blood drives on campus, our club hopes to aid people in need of blood around the world through the contributions of local UT students and staff. The Red Cross will bring equipment necessary for blood donations and the comfort of donors to campus, such as snacks and drinks to donors to make sure they are well-nourished after donating blood.

#### Camp Kesem Reunion - Camp Kesem at the University of Texas at Austin

Camp Kesem's mission statement is not just providing a week of summer camp to kids whose parents are effected by cancer - it's providing year-round support. Through Reunion, we can reconnect with our campers and continue providing them the support they need throughout the year. We provide fun, games, and ways for our kids to be kids again and not deal with the stress of their parent's cancer – and a chance to reconnect with kids that know what they're going through.

# CNS Got Talent - Natural Sciences Council

CNS Got Talent is the annual talent showcase competition held for the entire College of Natural Sciences. Representatives from various student organizations within the departments will be able to audition and then compete on the day of in two types of events: artistic talent (i.e.: hip hop dancing, pop parodies, trombone performances) and rounds of CNS trivia. Professors and deans from within the College will come out, judge the acts, and then decide the winners of the event.

# Communication Excellence Night Dinner - Lang Stuttering Institute Student Leadership Organization

The Communication Excellence Night Dinner is an event during which clients from the Michael and Tami Lang Stuttering Institute are invited to share their experiences with stuttering in front of more than 150 University of Texas students, faculty and community members. UT Students who attend this event hosted by the Lang Stuttering Institute Student Leadership Organization will gain insight into what it might be like to be a person who stutters, and, as a result, an enhanced empathy for these individuals and for others. Through this formal dinner, attendees will learn from the perspectives and personal journeys of people who stutter and be inspired to apply what they have learned to their own lives.

# Diwali 2017 - Hindu Students Association

Popularly known as Diwali or the Festival of Lights, Deepavali is one of the most important festivals for Hindus, celebrating the victory of goodness over evil and light over darkness as in the great epic Ramayana, which narrates the cherished victory of Lord Rama over the demon Ravana. To celebrate, people light diyas (oil lamps) and fireworks and rejoice, making this the biggest and brightest Indian festival. Every year, Hindu Students Association attempts to bring the UT community together to celebrate this festival through cultural performances, interactive, fun and educational booths, authentic Indian food, and our biggest attraction, fireworks on the UT tower.

#### Faculty and Staff Appreciation Banquet (FSAB) - Natural Sciences Council

NSC has put on the Faculty and Staff Appreciation Banquet for the past few years to give students in the college an opportunity to nominate and publicly thank outstanding individuals who have made a profound impact on their lives. Students are asked to invite the faculty and staff that have impacted them personally to the banquet, and during the event, students, faculty, and staff are able to interact in a friendly and enjoyable setting while enjoying a fully catered dinner from Central Market. A part of the night is dedicated to presenting awards for faculty, advisors, and TAs, honoring their hard work in supporting their students.

#### Field Day for a Cure - Dr. Qadri's Cancer Heroes

Field Day for a Cure will be a fun outdoor day of activities to raise money and awareness for childhood cancer. The proceeds will be going towards pediatric cancer patients who can't afford treatments. Students will register as teams and face off in various field day type events such as tug-of-war, three-legged races, and relay races.

# Finals Care Packages - National Society of Collegiate Scholars

We are going to assemble care packages for students on campus to help them study for finals. Our care packages will include a test anxiety tip sheet, a mechanical pencil, highlighter, granola bar, mints, and a water bottle.

#### Forty Acres Fest - Campus Events+Entertainment Texas Traditions

Forty Acres Fest is the largest festival on campus during the school year. Last year we got about 150 different student organizations to host booths at our event, showcasing the diverse groups of students on campus. We organize a full day filled with lot of free food, live music/performers (a headliner in the evening--last year was Hunter Hayes!), and various fun activities for our attendees (e.g. large Twister, caricature booth, photo booths, etc.).

### Frisbee Fling - Texas Blazers

Frisbee Fling is an annual Frisbee golf tournament for students and members of the Austin community. Its purpose is to raise money for Texas Blazers' endowment that funds scholarships for students of East Austin high school graduates to attend the University of Texas at Austin. As in previous years, UT students and community members will participate in the event and Texas Blazers members will volunteer as caddies and help in the coordinating of the Frisbee golf tournament spread out across UT's campus.

# Gospel Fest - Innervisions Gospel Choir

Gospel Fest is our biggest concert of the year. Each year we invite 5-7 Gospel choirs from other colleges in Texas to participate. We engage in workshops during the day and a worship service/concert in the evening. We invite and pay a notable guest clinician to help facilitate this experience and teach the choir as one mass choir. The concert will showcase each individual choir and one mass choir

#### Holi - Hindu Students Association

Holi, the festival of colors, aims to provide the UT community the opportunity to celebrate both the unique defining qualities and the universal humanity in each of us. With a focus on this year's theme "Unity within Diversity", we hope to strengthen and forge new bonds within the myriad of cultures across the UT campus. Colored powder ("rang") is exchanged between attendees, covering the attendees' face and attire to serve as a colorful reminder that we are all of different shades yet still human and equal underneath.

#### Hope Day at Hope Farmer's Market - TEXAS 4000 for Cancer

Every spring, TEXAS 4000 organizes a community cancer-fighting event at the Hope Farmer's Market on East 6th Street. We bring in local doctors offering free skin cancer screening and sun-safe education, host a 'Be the Match' booth to swab attendees for the national bone marrow registry, and have activities including face painting, pie-a-rider, petting zoos, a 'fishing' booth, and photo booth. Additionally, we provide education to the community through cancer prevention program presentations and by distributing informative materials.

## Jeena National A Cappella Competition - Indian Students Association

Jeena is UT's first ever national South Asian a cappella competition hosted by ISA! It will take place on November 11, 2017 at Hogg Memorial Auditorium, and will feature 7 teams from around the nation as well as several exhibition acts from UT's top talent.

# Longhorn Health Screening - University of Texas - American Pharmacists Association - Academy of Student Pharmacists

UT-APhA-ASP wishes to host a semesterly walk-in health screening on campus to promote the well-being and health awareness of our student body. Through these health screenings, we test patients for several health values, including blood pressure, body fat percentage, body mass index (BMI), waist circumference, blood glucose, and blood cholesterol. Given appropriate space requirements, we also have the capability of doing vision, hearing, and diabetic foot screenings. All the tests are performed by trained students of the College of Pharmacy. If any of the health values are outside of the normal range, we refer them to one of our pharmacist preceptors who remains on site during the screening for a brief consultation on how to manage their health and potentially follow up with a physician. These screenings follow a set protocol created by the College of Pharmacy to ensure the safety and privacy of our patients.

#### Mass CPR - American Red Cross Club at The University of Texas at Austin

Mass CPR is one of our club's main programs every spring, where participants from the UT community can become certified in CPR, First Aid, and AED through classes on campus taught by certified instructors. This class gives participants valuable skills and responsibility by teaching them to respond quickly in certain cases of life-threatening emergencies to family, friends, and other members of the community.

#### Mentee/Mentor Mixer - Black Student Alliance

Every year since 2015, The Black Student Alliance pairs freshmen with upperclassman for academic, professional, and social mentoring. The core purpose of this event is to allow freshman to engage with resources within the forty acres while enhancing their experience on campus. We, The Black Student Alliance, acts as a liaison between freshman and underclassman. Therefore, we do not require membership into the organization for this service.

#### Mind Your Health - Black Health Professions Organization

Mind Your Health is an event open to the entire student body. Targeted around the time of Falls semester finals, its purpose serves to educate students about the effects of stress, depression, and anxiety (all common emotions for UT Students around that time) as well as promote health and wellness to the entire UT Student Body. At this event which will be co-hosted with 3 other UT student organizations, we will have 4 guest speakers present on different Mental Health Topic including misconceptions about mental health, stigmas in various communities, and different for actual recognition of mental health issues. In addition, there will be an open-question forum that will allow anyone from the audience to ask our speakers anonymous questions throughout the duration of the night.

#### One Note Stand Winter Concert - One Note Stand

At One Note Stand's Winter Concert, our audience will enjoy our repertoire of 13 songs plus our competition set we will be performing at SING! and the International Collegiate Championships of Acappella this year. Each song was arranged by the group, learned this year, choreographed, and perfected throughout the semester with many hours of rehearsal. The concert will also include professional staging, lighting, and sound as well as interactive elements to create a one-of-a-kind acappella concert experience!

# Project Linking the Arts - STEEL Dance Company

Project Linking the Arts (PLA) is a show that features a variety of arts groups such as dance organizations, singing groups and comedy performances. Last year we featured ten different groups and this year we hope to feature even more. The show is free to attend although we do encourage patrons to donate to charities benefitting arts programs for low income students.

## Public Health Week - Texas Public Health

Public Health Week is a weeklong event that Texas Public Health hosts annually to promote healthy behaviors on UT's campus. For example, on the first day of our festivities we will have health related organizations on campus set up booths around east mall with interactive health games for students to play and preventative services such as blood drives and free STI screenings. We also host global health night, highlighting health disparities from around the world, and a networking fair for future health professionals.

# STEEL Dance Company Spring Show - STEEL Dance Company

STEEL Dance Company's Spring Show features around 20 dances all choreographed and performed by team members. The show is a great opportunity for our team members to explore their creative side. They can choreograph and perform solos, duets and small group dances and showcase their personal style.

#### TEXAS 4000 Speaker Series: A Conversation about Cancer - TEXAS 4000 for Cancer

In the spring semester, TEXAS 4000 hosts a local speaker to share their story about cancer with the UT community. The event is based around our team pillars -- Hope, Knowledge, and Charity -- in that we aim to provide students with an open and encouraging forum to share their own experiences, while also providing knowledge about prevention via programming presentations. Last year we hosted Iram J. Leon, brain cancer survivor and marathoner, and this year we are hoping to partner with Dr. Sessler from Natural Sciences.

#### Texas Revue - Campus Events + Entertainment Texas Traditions

One of UT's largest tradition is Texas Revue! It is the largest talent show on campus that invites students across campus to share their talent. We bring in high-profile judges, an MC, and create a fun theme for an enjoyable experience.

#### The Project - The Project

On Project Day, our student organization gathers hundreds to thousands of UT students, faculty, and staff as volunteers in a historically underserved neighborhood of Austin. This year, on February 24, we will bring UT volunteers to the Rundberg neighborhood, where they will work with our community in completing service projects. Currently, we are planning to help clean up neighborhood parks and graffiti, pain, and complete repairs at local churches, community centers, and schools, including Dobie Middle School-our headquarters. Though this work may not seem significant, it is important because the Rundberg community is a hardworking community that has historically been underdeveloped and underfunded by the city.

# Turn Up for Turn Out - University Democrats

Voter turnout is quite low in non-presidential cycle/midterm years, so we want to distribute information and awareness in the week around the March primaries to get more students to the polls. This would be through the distribution of literature as well as events on the election day itself (a band, decorations) to draw attention to it. We're planning on making this a recurring event, so even though this is a smaller election, it would also help us run through the same kind of event we would host for upcoming midterms and future presidential cycles.

### UT Microfarm - Campus Environmental Center

The UT Microfarm is the first and oldest student-run organic farming operation at UT Austin. Our mission is to serve as a vibrant resource for the UT community by facilitating experiences of sustainable food systems, interdisciplinary collaboration, economic and social justice, and environmental cooperation. We seek to provide an open space for establishing a community that grows together, explores environmental inquiries, and connects to the natural world through food.

### UT Real Beauty Campaign - Texas Spirits

The UT Real Beauty campaign is the largest informational and outreach beauty campaign, and our goal through these events and activities is to focus on redefining the idea of beauty that social media has created. At its core, the UT Real Beauty Campaign is communicating that real beauty is something that comes from within rather than on the surface, and the campaign promotes real beauty through outreach events—such as social media campaigns— and tabling and informational events—such as a keynote speaker talking about body and self-worth, a coffee chat discussing health and nutrition, a documentary screening on body positivity and an open mic night for others to share their experiences and perspectives about beauty. Our tw0-week long campaign culminates with a keynote speaker, and we plan on bringing in Stacy Nadeau, one of the models for the Dove Campaign for Real Beauty. The mission statement for UT Austin Real Beauty Campaign: "To help people of the UT campus and greater Austin community break the barriers that restrict their self-confidence through redefining the idea of beauty and to create a community of people who embrace their imperfections and evaluate their worth based on their heart, soul and mind."

## Valentine's Sober Dance - Students for Recovery

Students for Recovery's Valentine's Sober Dance is intended to empower student community-building and fellowship and to raise awareness campus-wide that recovery works and can be part of a genuine college experience. This is a fun, inclusive, social event filled with music, food, and prizes for all participants.

# Week of Women - Texas Orange Jackets

Week of Women, presented annually by Texas Orange Jackets, is a series of events that seeks to empower women. Texas Orange Jackets serve as official hosts to the University, embodying the tenets of service, leadership, and scholarship. Week of Women engages the community by honoring women's accomplishments, discussing women's issues and stereotypes, and celebrating the strength and power of the women in their lives. Through this event, they hope to energize, inspire, and challenge participants to build new dimensions to their definition of "woman."

White Fragility: A Workshop to Combat Racism - Public Affairs Alliance for Communities of Color This half-day intensive anti-racism workshop will be facilitated by renowned educator Dr. Robin DiAngelo. Dr. DiAngelo will help participants understand the basic dynamics of race relations, what it means to be white, and barriers to bridging racial divides. Participants will leave with the necessary skills to bridge those divides and be motivated to continue challenging their own racial biases.